



# TRUST

**Week of October 20, 2019**

**Today we learned about... trust in God** (Trusting God means that we place our life in his hands. That means we are willing to do what he wants instead of what we want.)

**This week you can train, practice, and GO by...**

- Talk to your family about things you trust. Remember a gymnast trusts many things and people.
- Remember we can trust God because :
  - He sent his son to die for our sins.
  - He forgives us
  - He loves us
- Continue to collect quarters to help furnish the West Campus Children's Area!