# Mix Weekend 2024

# Parent and Student Information

MIX Weekend is a winter retreat for Junior High and High School students that is built around small groups, worship, and teaching! This retreat will be held at Pineywoods Baptist Camp in Woodlake, TX

## **BEFORE MIX WEEKEND**

- We strongly encourage you to drop off medication ahead of time to streamline your check-in process the day of departure. Medicine drop off will be before the MIX at each campus Jan. 31<sup>st</sup> 6:30-7:00 or Jan. 25<sup>th</sup> or Jan 30<sup>th</sup> at the Student Ministry Offices at Egret Bay 11:00-1:00.
- Students are allowed to bring snacks but please do not send any nuts or nut products.
- In order to minimize distractions students will not be allowed to have their phones at MIX Weekend or on the bus. Please do not send them with a phone.

# CHECK-IN

Every student needs to be at the CCCC Egret Bay campus (999 FM 270 League City, TX 77573) by **5:45pm on Friday, February 2<sup>nd</sup>, doors open at 5:30 for students.** Please eat dinner before you arrive. No food will be allowed inside the auditorium.

Students will drop their luggage by their assigned bus and check in at the auditorium lobby. Parents will not be allowed in the auditorium.

We assume all students will ride the bus to and from MIX Weekend. We are only able to accommodate late arrivals or early departures on Saturday during mealtimes. If you need to make a late arrival/early departure transportation change, please complete the form below by January 25<sup>th</sup>, 2023.

Click <u>HERE</u> to access the travel change form.

# CHECK-OUT

Students will eat lunch at camp before we leave on Sunday. We will arrive back at the Egret Bay Campus around 2:00pm Sunday, February 4<sup>th</sup>. We will communicate detailed arrival time via text.

Students will be dismissed as soon as they leave their buses. Any leftover medications can be picked up from the nurses in the lobby.

# MEDICATION

All medications must be turned into and held by the camp medical team. Students are not allowed to self-medicate, nor is a volunteer allowed to give medication to a student. If a student needs a phone, Mp3 player, etc. for medical use please complete the medication form. Devices will need to be turned in or verified by the nurse at check-in. Please follow the instructions below to ensure a quick process, as well as proper medical dosing for your student.

The camp provides typical over-the-counter medications (Advil, Tylenol, Tums, Pepto, Zyrtec, etc.). If your student occasionally needs these over-the-counter medications, please <u>do</u> <u>not</u> send them. If your student has an over-the-counter medication that they take daily (ex. a daily allergy medication) please follow the medication procedures below.

- Complete the Medical Form for ANY medication you are sending to camp (this includes emergency medication like epi pens and asthma rescue inhalers) by clicking <u>here</u>.
- Place all medications together in a gallon Ziploc bag and label the bag with the students first and last name.
- Prescription medication must be in the original container with the student's name and the current dosage. **Only send the amount of medication needed while at camp.** No medications will be given unless they are in the original container, as per Texas Department of State Health Services.
- All medication, including rescue medications like epi pens and asthma rescue inhalers will be kept by the camp medical team. These will be given to leaders on the bus so the students have access to them, and then kept by the camp medical staff at camp. If your child can administer their own rescue medication and you would like them to keep it with them, we would ask that you send 2 (one for them to keep on them and one for the camp medical team to keep). Please indicate that in the special instructions on the form.
- Your student is responsible for stopping by the medical team table during mealtimes or the medical team cabin at night to receive medicines. The medical team will <u>not</u> track down students to give them their meds, except for life-threatening medical conditions.
- Empty medication containers can be sent home with the student. All empty containers left will be disposed of and extra as needed medication can be picked up in the lobby when we return from camp.
- If you have any medication questions please email <u>abueermann@clearcreek.org</u>.

#### **PACKING LIST**

Students will have to carry their bags across the camp. Keep that in mind when packing

<ul> <li>Bible and Pen</li> </ul>	<ul> <li>Towel &amp; Shower Supplies</li> </ul>	<ul> <li>Sleeping bag or</li> </ul>
<ul> <li>Backpack or bag to</li> </ul>	<ul> <li>Toiletries</li> </ul>	linens for twin bed
carry Bible	<ul> <li>Comfortable, weather</li> </ul>	o Pillow
o Flashlight	appropriate clothing	<ul> <li>Bag for dirty</li> </ul>
<ul> <li>Reusable Water Bottle</li> </ul>	<ul> <li>Tennis Shoes</li> </ul>	clothes
<ul> <li>Sunscreen</li> </ul>	<ul> <li>Jacket/sweatshirt</li> </ul>	<ul> <li>Cash for Gift Shop</li> </ul>
<ul> <li>Bug Spray</li> </ul>	<ul> <li>Watch</li> </ul>	o Snacks

## **EMERGENCY CONTACTS**

If you need to reach our staff while we are at MIX Weekend:

Amy Bueermann - Student Ministry Staff: 832-385-4712

#### RULES AND CODE OF CONDUCT

Click <u>HERE</u> to review CCCC Rules and Code of Conduct for all Student Ministry Camps